How does your garden grow?

Kids to Farms

F - 2 program

Teacher's Guide



Program overview



Educating Kids about Agriculture

The Educating Kids about Agriculture program is funded by the Department of Agriculture, Fisheries & Forestry and aims to encourage young Australians to study and pursue a career in agriculture including taking primary school students and teachers to visit farms and other primary production worksites, both physically and virtually, using innovative activities to learn about where food and fibre comes from and the important role the industry plays in regional communities and to the economy.

These resources, created by PIEFA, align the Australian Curriculum for teachers to support excursions to food gardens, to teach students where food and fibre comes from, how it is processed into food and the opportunities available within the industry in their region, for the future.

How to use this resource

The lessons outlined in this Teacher's Guide can be used to support an excursion to a community/school garden of your choice.

This resource includes:

- F 2 Australian Curriculum (v9.0) links
- 2 x pre-excursion activities
- 2 x excursion activities
- 2 x post-excursion activities
- Worksheets and resources to support each activity





Australian Curriculum



Science understanding

AC9SFU01

Biological sciences

Observe external features of plants and animals and describe ways they can be grouped based on these features

Science

Science as a human endeavour

AC9SFH01

Foundation

Use and influence of science

Explore the ways people make and use observations and questions to learn about the natural world

Science inquiry

AC9SFI02

Planning and conducting

Engage in investigations safely and make observations using their senses

Design & Technologies

Knowledge and understanding

AC9TDEFK01

<u>Technologies and society</u>

Explore how familiar products, services and environments are designed by people

Foundation

Science understanding

AC9S1U01

<u>Biological sciences</u>

Identify the basic needs of plants and animals, including air, water, food or shelter, and describe how the places they live meet those needs

Science

Science understanding

AC9S1U02

Earth and space sciences

Describe daily and seasonal changes in the environment and explore how these changes affect everyday life

Year 1

Science as a human endeavour

AC9S1H01

Use and influence of science

Describe how people use science in their daily lives, including using patterns to make scientific predictions

Design & Technologies

Knowledge and understanding

AC9TDE2K03

<u>Technologies context: Food and fibre production</u>

Explore how plants and animals are grown for food, clothing and shelter

Year 1 & 2

Pre-excursion activities



Resources provided

- Fruit and vegetable cards
- Where does it grow? worksheet
- When does it grow? worksheet
- Focus on Food worksheets

Resources required

- Real fruit/vegetables
- Knife for cutting open fruit/vegetables (teacher use only)
- Magnifying glasses OR digital devices with a camera app
- Digital device with internet access for watching video

Activity 1 The fruits and vegetables growing in your area

Provide students with copies of the **Fruit and vegetable cards** and ask them the following questions. These activities can be completed individually or in small groups.

- How many of these fruits and vegetables have you eaten? Divide the
 picture cards into two groups ('I have eaten' and 'I have not eaten').
 Discuss and compare the results with your peers. Are there any fruits or
 vegetables in the 'I have not eaten' group that you think you would like to
 try?
- Look at the picture cards you have included in the 'I have eaten' group. Which is your favourite? As a class, record your favourite fruits/vegetables as a class tally or graph. Discuss the results as a class.
- How do you think each of these fruits and vegetables grow? Underground, above ground, on a tree or on a vine? Place the cards into groups accordingly. Discuss the correct answers as a class. How many did you get right? Complete the **Where does it grow?** worksheet.
- Different plants grow best at different times of the year. Watch the video
 Plants for the Top End Seasons as a class. Using the information presented
 in the video, divide your fruit and vegetable cards into two groups (wet
 season and dry season). Record your findings (drawings and/or text) on the
 When does it grow? worksheet.

Video URL: https://www.youtube.com/watch?v=nkXhTTtqzMA

Pre-excursion activities



Activity 2 Investigate a type of fruit or vegetable in detail

Provide students with real examples of a type of fruit or vegetable that grows in your area. If possible, choose a type that you know grows in the community garden you will be visiting.

Allow them time to touch, smell and look at both the outside and inside of the food. Discuss the following questions with the class. Students can record their responses on the **Focus on Food** worksheets.

- Is this food a fruit or vegetable?
- Does this food grow in the wet season or dry season (or both)?
- Does this food grow on a tree, on a vine, above the ground or underground?
- Can you eat this food raw or cooked (or both)?
- Can you eat the skin or must it be peeled?
- Take a close-up look at the outside and inside of the food with a magnifying glass or using the camera app on a digital device (with zoom function). Draw what you can see.
- Touch and smell the food. Describe what you can feel and smell.
- Which part of the plant is eaten the root, the stem, the fruit, or the leaf?
- Does it have seeds? One, some or lots? Take a closer look at one of the seeds with a magnifying glass or using the camera app on a digital device (with zoom function). Draw what you can see.

Please note: It is important to take knowledge of students' food allergies into consideration before allowing students to handle fruit or vegetables.

Excursion activities



Resources provided

- Garden Scavenger Hunt worksheet
- Super Sleuth worksheet

Resources required

- Clipboard & pencil per student
- Digital device (optional)

Activity 1 Go on a Garden Scavenger Hunt!

Take the students on a guided walk through the garden. Pay attention to the types of plants that are growing, along with how and where they are grown. How many of the fruits and vegetables that were learnt about in the preexcursion lesson are growing in your community garden?

Provide students with copies of the **Garden Scavenger Hunt** worksheet along with a clipboard and pencil. This will help them to focus on smaller details in the garden and guide them to make observations about their surroundings using their senses. You may choose to complete the scavenger hunt as a whole class activity or allow students to complete the activity individually or in small groups. If a digital device is available, students may also choose to take photographs or videos of their findings on their scavenger hunt.

At the conclusion of the guided walk and scavenger hunt, sit students in a central area and ask them to try and create a birds-eye view map of the things they observed in the community garden.

Excursion activities



Activity 2 How do people care for plants in the garden?

Explain to students that they are going to be Super Sleuths! Their mission is to look for clues that teach us about the different ways that people look after and care for the plants in the community garden. Examples of clues might include gardening tools, watering cans, hoses, mulch, etc. Students can record the clues they find by drawing them on the **Super Sleuths** worksheet.

Optional: If a staff member or volunteer is working in the community garden during your visit, ask if they would be willing to give a short explanation to the students about the different ways they look after the plants. Students might think of their own questions to ask the gardener to learn more information.

Post-excursion activities



Resources provided

• My Garden worksheets

Resources required

Colouring pencils

Activity 1 Why are community gardens important places?

Have a class discussion about why community gardens are important places. Questions to prompt discussion might include:

- Who uses our community garden?
- Who looks after our community garden?
- How do places like community gardens help keep people healthy?

Ask students to prepare and give a short talk to their peers presenting the reasons why they think their community garden is a special place.

Activity 2 Design task: How does YOUR garden grow?

Ask students to reflect on the activity in the pre-excursion lesson in which they discussed their favourite fruits and vegetables, along with the different fruits and vegetables they would like to try one day. Allow them to look at the map they created of the community garden on their visit. Present students with the following design task:

Imagine that you are in charge of designing your own community garden. It can be filled with your favourite fruits and vegetables, along with any others that you think you'd like to try. Draw a map of your garden and label the plants you have chosen to grow. Think about the types of tools or equipment you might need to build and look after your garden.

Students can complete their design task using the My Garden worksheets.